



## What I Must do to Keep Safe Online and With Devices



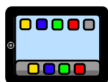
Online means anything connected to the internet. Most devices and



apps are connected to the internet.



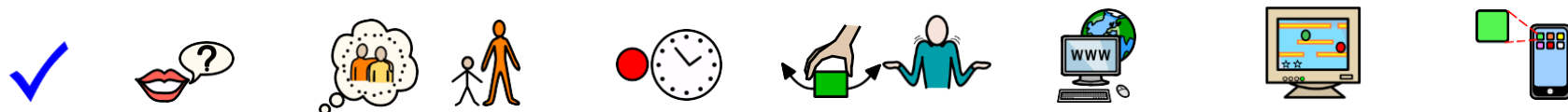
Devices are technology like: computers, laptops, games consoles,



## tablets and smart phones.



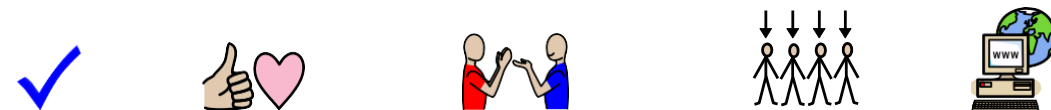
I will only use the devices I am allowed to use.



I will ask a trusted adult before I use new websites, games or apps.



I will ask for help if I'm stuck or not sure.



**DigiSafe**  
keeping children safe

**LGfL**

**IncludED**  
SEND and Wellbeing Resources

I will be kind and polite to everyone online.



I will tell a trusted adult if I feel worried, scared or nervous when I am using a device.



I will tell a trusted adult if I feel sad, angry or embarrassed when I am using a device.



I will tell a trusted adult if I feel bad or unsafe when I am using a device.



I know people online sometimes tell lies.



They might lie about who they are or where they live.



I never have to keep secrets from my trusted adults.



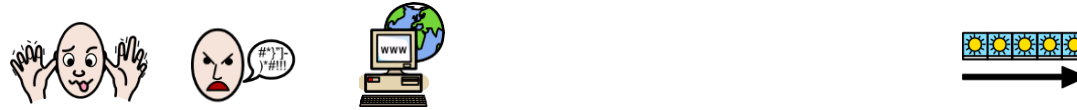
I will not change clothes or undress in front of a webcam.



I will always ask a trusted adult before telling anyone my private



information or location.



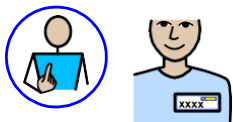
I know that anything I do or say online might stay there forever.



My trusted adults are \_\_\_\_\_ at school



My trusted adults are \_\_\_\_\_ at home



My name is \_\_\_\_\_

