

Living and learning by the values of Love, Compassion and Respect

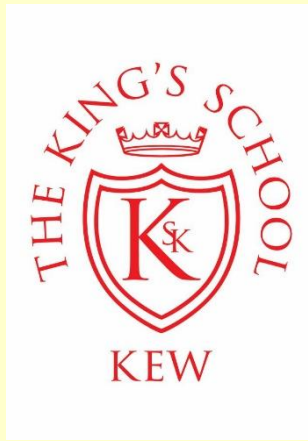
How do you feel when you don't  
think you can do something?

<https://www.youtube.com/watch?v=OMQKy1Mx49M>

The Apostles receive the Holy Spirit

[https://www.youtube.com/watch?v=8Al\\_S0Sffg](https://www.youtube.com/watch?v=8Al_S0Sffg)

Building Confidence



## Call and Response

**The Lord be with you**

And also with you

**Lift up your hearts**

We lift them to the Lord

**Let us give thanks to the Lord our God**

It is right to give him thanks and praise

Although it was before Christmas,  
can anyone remember which of  
our Learning Certainties we were  
talking about?

# Imaginative



We learnt that Jesus would have had to have used his imagination to help make things out of wood because he trained to be a carpenter like his Father, Saint Joseph.

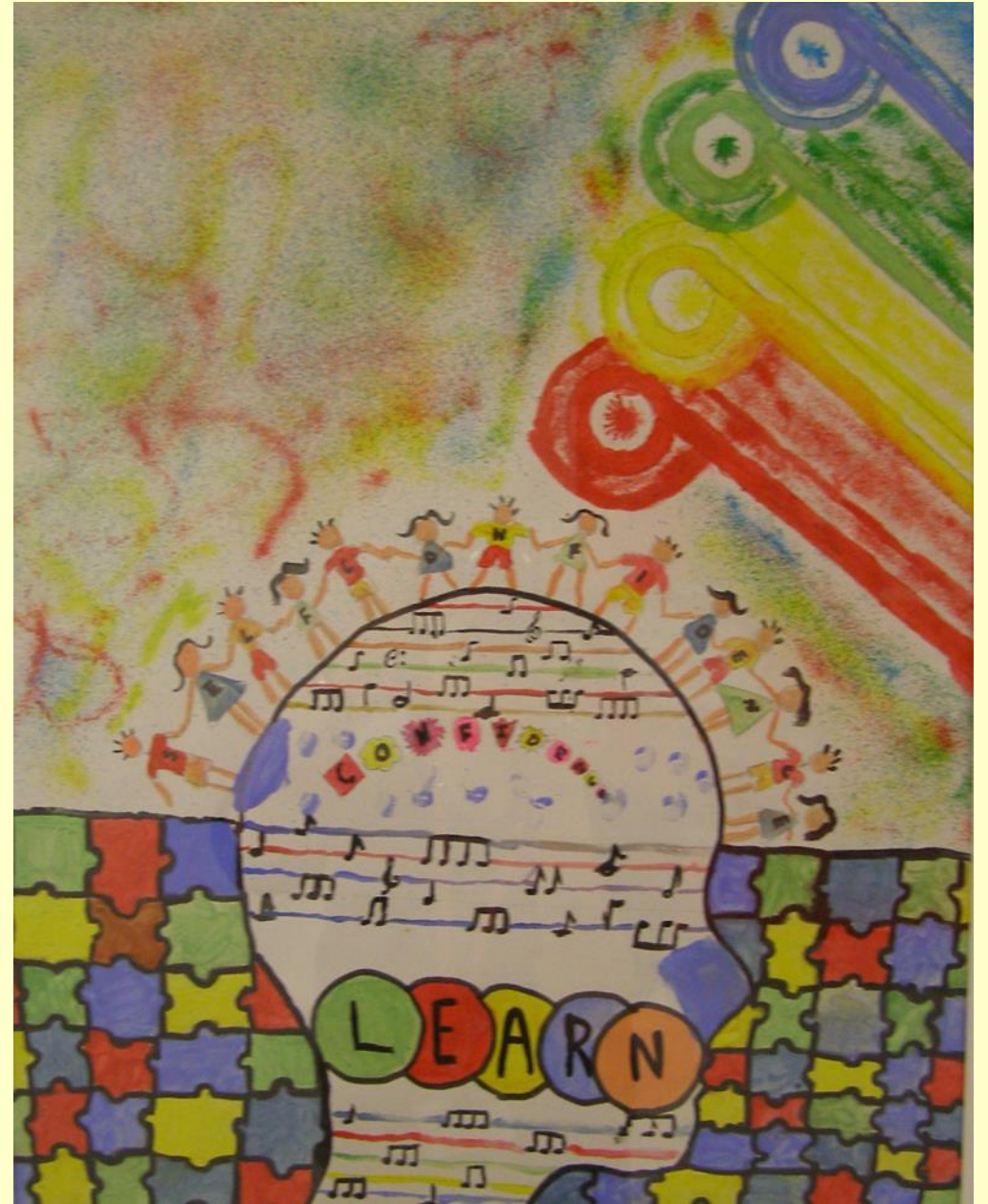


# We learnt you can use your imagination for lots of creative things!



Which of our Learning Certainties  
is about feeling and knowing that  
you can do something?

# Confident

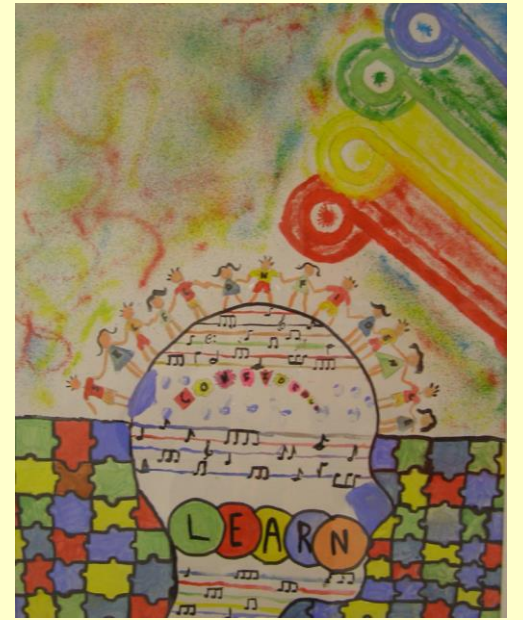


How do you feel when you  
don't think  
you can do something?

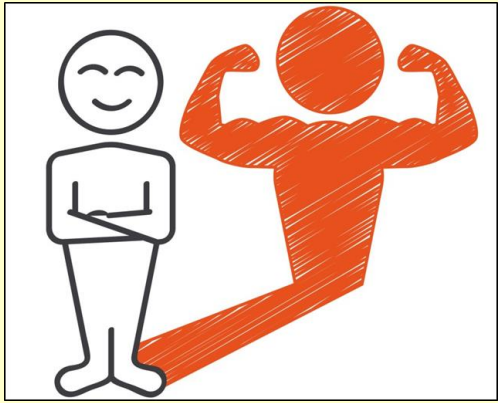
Have a chat with the person next  
to you.

# When you feel confident you feel that.....

- I believe and trust in myself
- I can have a different point of view
- I can use what I have learnt to help myself
- I can ask questions and join in discussions
- I can speak clearly and express my ideas
- I can smile while I am learning and 'go for it'







# What is confidence?



It's not something you can go and  
buy in Tesco's!

You have to build it yourself!

Building Confidence Video

After Jesus had risen and gone back to Heaven (his Ascension), the Apostles were scared and hiding in a room (The Upper Room).



God sent the Holy Spirit to come in to them to give them the confidence to go outside and tell everyone the Good News about Jesus and his love for everyone.



"Happiness and confidence are the prettiest things you can wear."

~TAYLOR SWIFT

"Self confidence is a super power. Once you start to believe in yourself, magic starts happening."

~UNKNOWN

Dear Lord,

Help us to be confident in all that we do, even when it is difficult and challenging.

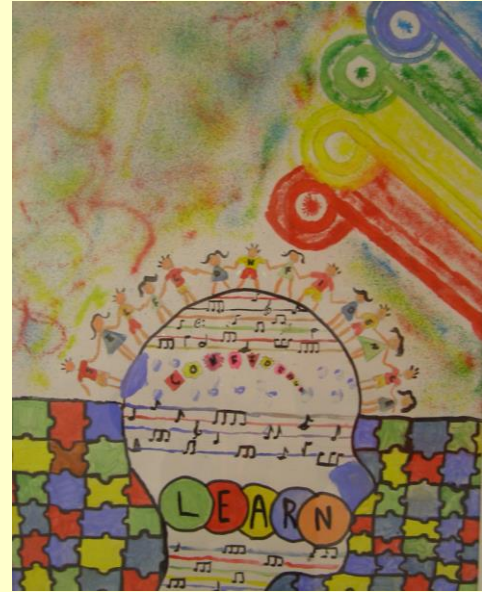
Help us accept that mistakes help us to get better and that we can show resilience and endurance to help our confidence grow.

Help us to always support others to help them grow their confidence.

We ask this in your name Lord,

Amen

Confident



# Reflection Time

Take this time to reflect on what we have learnt, spoken and prayed for in our Worship today.

**How can you be more confident in yourself?**



# The Grace

May the grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and evermore.

Amen.

# God's Spirit is in my Heart

God's Spirit is in my heart,  
he has called me and set me apart  
This is what I have to do, what I have to do

Just as the Father sent me, so I'm sending you out to be  
My witness throughout the world.  
The whole of the world

Don't carry a load in your pack,  
you don't need two shirts on your back  
A workman can earn his own keep, can earn his own keep

Don't worry what you have to say,  
don't worry because on that day  
God's Spirit will speak in your heart,  
will speak in your heart

He sent me to give the Good News to the poor,  
Tell prisoners that they are prisoners no more  
Tell blind people that they can see,  
and set the downtrodden free  
And go tell ev'ryone,  
the news that the Kingdom of God has come  
And go tell ev'ryone,  
the news that God's Kingdom has come